

MASTER OF SCIENCE IN PUBLIC HEALTH NUTRITION

Course Structure

| Level 1 | | | | | |
|-------------------|--|--------------------|----------------|-----------------|---------------|
| Module Codes | Module | CONTACT HOURS/WEEK | | | Total Credits |
| | | Lecture Hours | Tutorial Hours | Practical Hours | |
| Semester 1 | | | | | |
| PHU5001 | Foundations of Public Health Nutrition | 3 | - | - | 3 |
| PHU5002 | Global Food, Nutrition and Health | 2 | - | - | 2 |
| PHU5003 | Public Health Aspects of Life Course Nutrition | 3 | - | - | 3 |
| PHU5004 | Public Health Nutrition Practice Seminar (1) | 1 | - | - | 1 |
| | Sub-Total | 9 | 0 | 0 | 9 |

| Level 1 | | | | | |
|-------------------|---|--------------------|----------------|-----------------|---------------|
| Module Codes | Module | CONTACT HOURS/WEEK | | | Total Credits |
| | | Lecture Hours | Tutorial Hours | Practical Hours | |
| Semester 2 | | | | | |
| PHU5005 | Principles of Nutrition Epidemiology & Statistics for Nutrition | 2 | - | - | 2 |
| PHU5008 | Integrating Qualitative and Quantitative Research in Nutrition | 3 | - | - | 3 |
| PHU5010 | Food and Nutrition Planning & models of Policy Action | 3 | - | - | 3 |
| PHU5011 | Food & Nutrition Security, Poverty and Inequity | 3 | - | - | 3 |
| PHU5013 | Public Health Nutrition Practice Seminar (2) | 1 | - | - | 1 |
| | Sub-Total | 12 | 0 | 0 | 12 |

| Level 1 | | | | | |
|-------------------|--|--------------------|----------------|-----------------|---------------|
| Module Codes | Module | CONTACT HOURS/WEEK | | | Total Credits |
| | | Lecture Hours | Tutorial Hours | Practical hours | |
| Semester 3 | | | | | |
| PHU5006 | Nutritional Surveillance and Information Systems | 2 | - | - | 2 |
| PHU5007 | Obesity Epidemiology and Prevention | 1 | - | - | 1 |
| PHU5009 | Public Health Nutrition Practice Seminar (3) | 1 | - | - | 1 |

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| PHU5012 | Food Economics | 1 | - | - | 1 |
| | Sub-Total | 5 | 0 | 0 | 5 |

| Level 2 | | | | | |
|-------------------|---|--------------------|----------------|--------------|---------------|
| Module Codes | Module | CONTACT HOURS/WEEK | | | Total Credits |
| | | Lecture Hours | Tutorial Hours | Clinic Hours | |
| Semester 1 | | | | | |
| PHU5014 | Social Determinants of Nutrition | 2 | - | - | 2 |
| PHU5017 | Nutrition in Communities and Institutions [Elective] ** | 2 | - | - | 2 |
| PHU5018 | Socio-Cultural and Behavioral Aspects of Nutrition [Elective] ** | 2 | - | - | 2 |
| PHU5015 | Nutrition in Sports [Elective] ** | 2 | - | - | 2 |
| PHU5016 | Nutrition in Emergencies [Elective] ** | 2 | - | - | 2 |
| | Preparation for Thesis/Research Project | | - | - | |
| PHU5020 | Public Health Nutrition Practice Seminar (4) | 1 | - | - | 1 |
| | Sub-Total | 5 | | 0 | 5 |

| Level 2 | | | | | |
|-------------------|--|--------------------|----------------|-----------------|---------------|
| Module Codes | Module | CONTACT HOURS/WEEK | | | Total Credits |
| | | Lecture Hours | Tutorial Hours | Practical Hours | |
| Semester 2 | | | | | |
| PHU5021 | Food Safety Policy | 1 | | | 1 |
| PHU5022 | Nutrition Promotion and Education[Elective] ** | 2 | | | 2 |
| PHU5023 | Algorithms for Nutrition in Disease Control [Elective] ** | 2 | | | 2 |
| HEA5013 | Externship | 240 | | | 3 |
| HEA5012 | Thesis/Research Project | | | | 4 |
| | Sub-Total | | | | 10 |

****Candidates are required to select only one elective during SEM 1 year 2 and one elective in SEM 2 Year 2.**

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|----------------------|-----------|
| Total Credits | 41 |
|----------------------|-----------|